



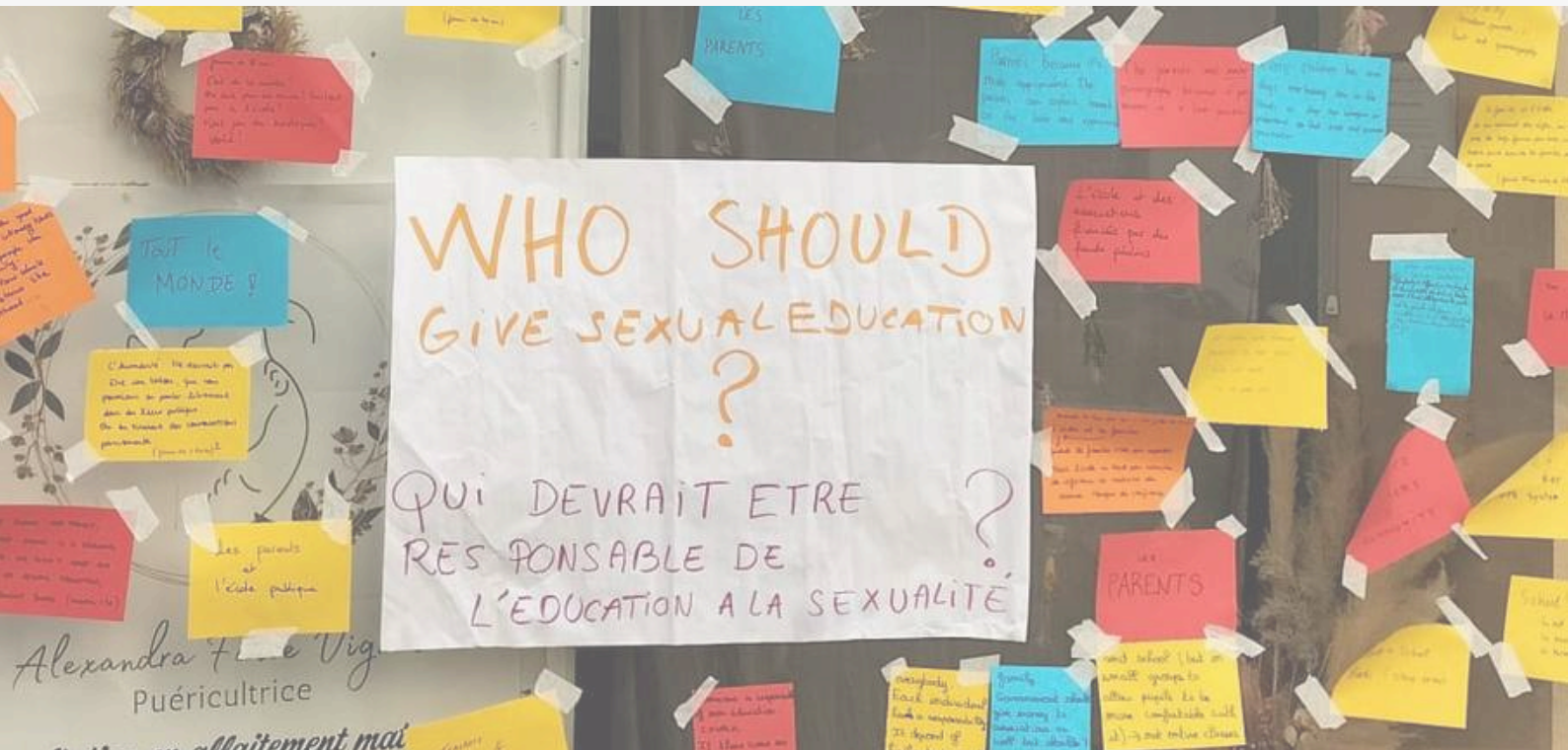
Erasmus+

DU GRAIN À MOUDRE



CALL FOR PARTICIPANTS - TRAINING COURSE

« SEXUALITY AND GENDER LIBRARY »



TC 1 - ESTONIA - 07/10/2024 - 15/10/2024

TC 2 - FRANCE - 17/11/2024 - 24/11/2024



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GENERAL BACKGROUND

In an increasingly connected, **intercultural** and **sexualized society**, young people as well as adults find every kind of information on the internet. The sexual behaviour of young people has evolved with the new resources made available to them.

Even though medias have an open discourse about sexuality, it often implies many **stereotypes, discrimination, and fixed gender/ sexual roles.**

The health aspect is also revealing despite strong prevention campaigns, it can be emphasised that the number of contaminations with STDs and certain STIs is constantly increasing throughout Europe. However, **sex education** and **gender education** remain taboo in many societies.

Moreover, after several decades of steady progress, Europe is facing a new wave of opposition to **equal gender and sexual rights**, claims gathered under the term “theory” or “ideology” of gender. This opposition manifests itself on various issues, such as the opening of marriage to same-sex couples, abortion, reproductive technologies, sex education, anti-discrimination legislation or the **rights of trans people.**

At the same time, the 4th wave of **feminism** emerged. Where previous waves bring voting rights, political representation, access to education, social rights and giving voice to women, the 4th wave focuses on the fight against sexism in everyday life, social representations, the culture of rape and sexual harassment.

What is our place as youth workers in non-formal education? What tools are at our disposal to address these important issues with young people?

Professionals working with youth are sometimes lost in all the notions and the variety of tools to be able to talk with young people. There are not a lot of places where youth workers can be trained and reflect upon the subject to be able to propose young people an inclusive and open vision of sexual and gender education.

We want to equip youth workers to be able to address sex education in their project and explore the link between gender stereotypes and what this implies about sexuality.

We especially want to talk about the notion of consent, we would like to exchange about how to adapt the vocabulary and the method depending of the age of the target group that youth workers work with.

We want to experiment the human library tool and enable the participant to reproduce this experimentation in their countries.

We want to cluster people coming from different background/culture in order to have an intercultural aspect of sexual education but also an historical part by making an overview of the past struggle (LGBTQIA+/feminism)

DESCRIPTION

We are proposing two trainings ;

Training 1

During the seven days of training, participants will first have time for analysis (which will have been prepared in upstream by sending recommended readings from the trainers) in order to fully understand the theme, then a reflection phase with work in small groups before moving on to the experimentation phase in order to implement what has been learned, invent new tools and create a toolbox.

We will alternate theoretical moments with text studies and more playful moments where the use of tools and educational games will make it possible to personalize the reflection.

Training 2

The second training will deepen the knowledge of the participants on the thematic of sexual and affective education, we expect participant to propose tools that they already experimented in their work. Participants will be introduced to the Human Library tool that will take place on the last days of the training.

All the program will be based on the expectations collected upstream of the participants and will be adapted to the everyday feedback during the training.

OBJECTIVES

We wish more specifically to:

- develop knowledge on the concepts linked to gender and sexuality and their history
- develop participants ability to reflect and position themselves on the topics as youth workers
- create educational tools and a toolkit about gender and sexuality useful in the participants' professional life
- exchange good practices of each participant on the different topics of the project
- encourage a network of european peers working in sexual and gender education and actor's synergy in future projects

Frame of work

Participant will come from **different background, experiences and knowledges**. We would like the participants to have sufficient perspective on their life experience to talk about it, share, build on this experience and accept to be confronted.

This training is a place of learning and **every participant need to be able to put themselves in a pedagogical position**. We also ask every participant to be respectful and to take in consideration the sensitivity of others.

we will work on professional posture and it implies to question ourselves about our own path through our own sexual education.

- **We ask all participants to be on time and to participate to every session**
- **We will live collectively during both training, and will ask the help of the participant for some daily tasks**

METHODOLOGY

The training will be based on methods and tools of **non-formal education**. Participants are active in the training, and they will be proposing energizers and workshops, as we can learn better by experiencing tools and being in action.

Theoretical content will be proposed by the trainers with a participative methodology, but most of the training will be based on knowledge sharing and mutual enrichment between the whole group where participants will bring and share their experience on the topic.

Methodologies used (fish-bowl, moving debates, skim reading, etc.) are all participative and developing collective intelligence. Centred on **individual and group learnings**, the planning will be adapted to the needs of participants.

PROFILE OF PARTICIPANTS

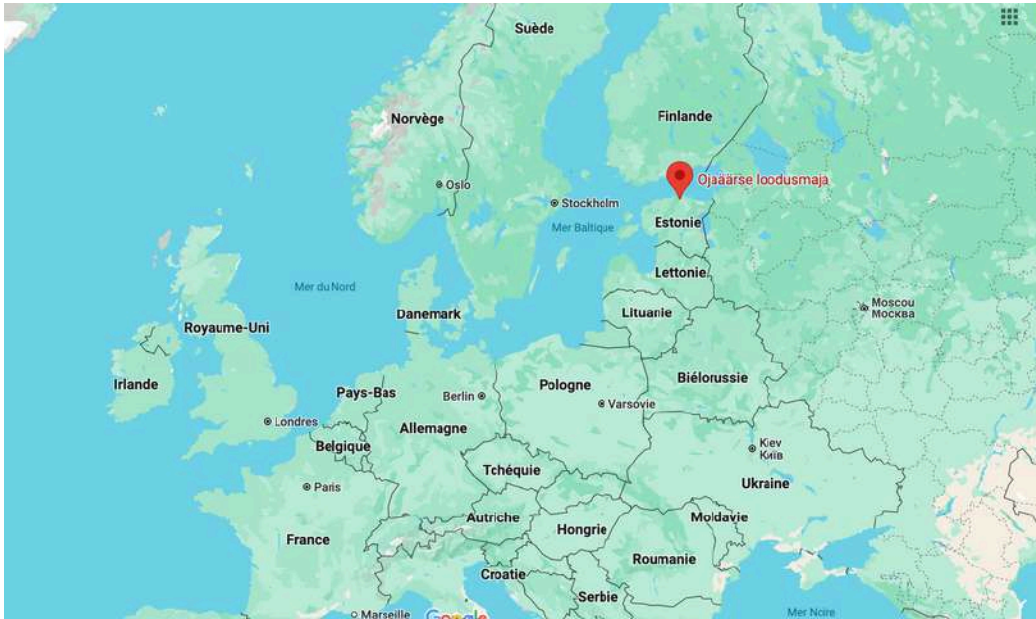
We are looking for **professional youth workers** interested in the topics of gender and sexual education. It is important to have participants who will use the learnings of this training in their professional life and who will be able to bring their experience in the training.

The profile can be social workers, teachers, psychologists, health professionals, trainers, youth leaders, who are leading projects related to gender and sexual education, etc.

We encourage the participation of different profiles, experiences and needs. **We also would like participants to be able to participate in the two trainings.**

LOCATION / ACCOMMODATION

TC 1 - ESTONIA- Ojaäärse loodumaja



PLACE TO SLEEP



The first TC will be held in Estonia in Ojaäärse loodumaja

Accommodation will be in a gite in shared rooms.

LOCATION / ACCOMODATION

TC 2 - FRANCE - CORNUS



PLACE TO SLEEP



The second TC will be in Cornus, few kilometers from Montpellier.

Accommodation will be in a gîte in shared rooms. Each room has its own bathroom.

There will be no WIFI on site.

FINANCIAL CONDITIONS

- Travel costs will be covered based on the unit costs of the program. Please note that participants will be reimbursed the real costs of their transport fees up to a certain limit as per information below.
- 100% lodging and food are covered. **Du Grain à Moudre** would like to encourage participants to buy travel tickets ASAP to enjoy economical prices.

Please do not buy travel tickets until Du Grain à Moudre has approved your participation.

All the travel costs will be reimbursed the earliest 3 months after the end of the training course. Please note that the process of reimbursement will be carried out directly with the applicant organizations and not with the individual participants.

Contribution to the travel costs of participants, from their place of origin to the venue of the activity and return.

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR

Based on the travel distance per participant. Travel distances calculated using the distance calculator supported by the European Commission

**Green travel = Environmentally responsible means of transport - A trip that uses low-emission transport for the majority of the journey, such as bus, train or carpooling.*

**Please note that green travel is only available for certain partners. Please wait for confirmation from Du Grain à Moudre to check your eligibility.*

You are interested? Apply here!



LINK : <https://forms.gle/XpDFQayPYGk8uK6Q9>

ATTENTION: Please note that your application does not constitute acceptance.

The Grain à Moudre team will probably be able to contact you for a short discussion regarding your application.

Please wait for confirmation from the Grain à Moudre team!

